

# Cypress Hills Community Wellness Survey: Key Findings

Prepared for CHLDC by the Pratt Center for Community Development: November, 2011

## RESPONDENTS

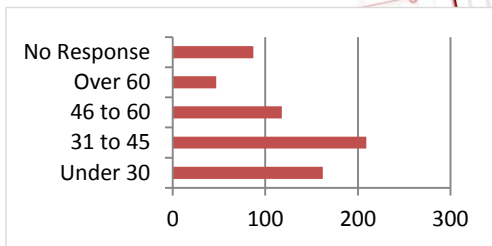
The survey was run from June – October 2011 at various events in Cypress Hills and East New York.

623 people responded to the survey but many surveys were incomplete. Partially completed surveys were accepted.

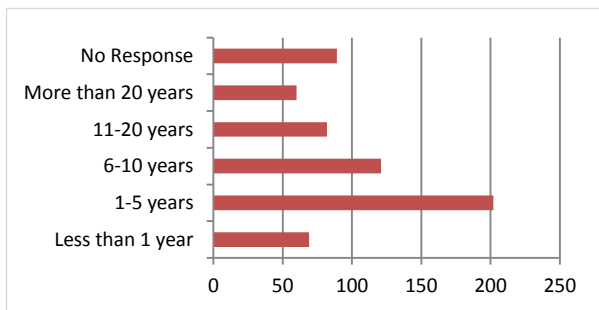
Respondents were asked to provide their cross streets and 445 did so.

- 74% of respondents were women (but 91 people did not answer).

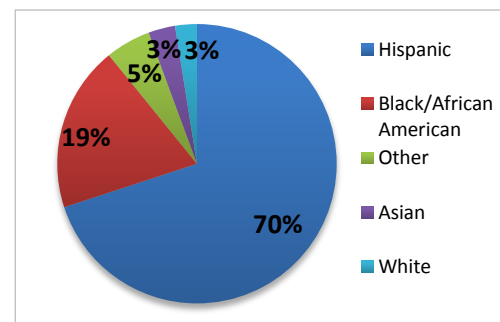
- Age of respondents:



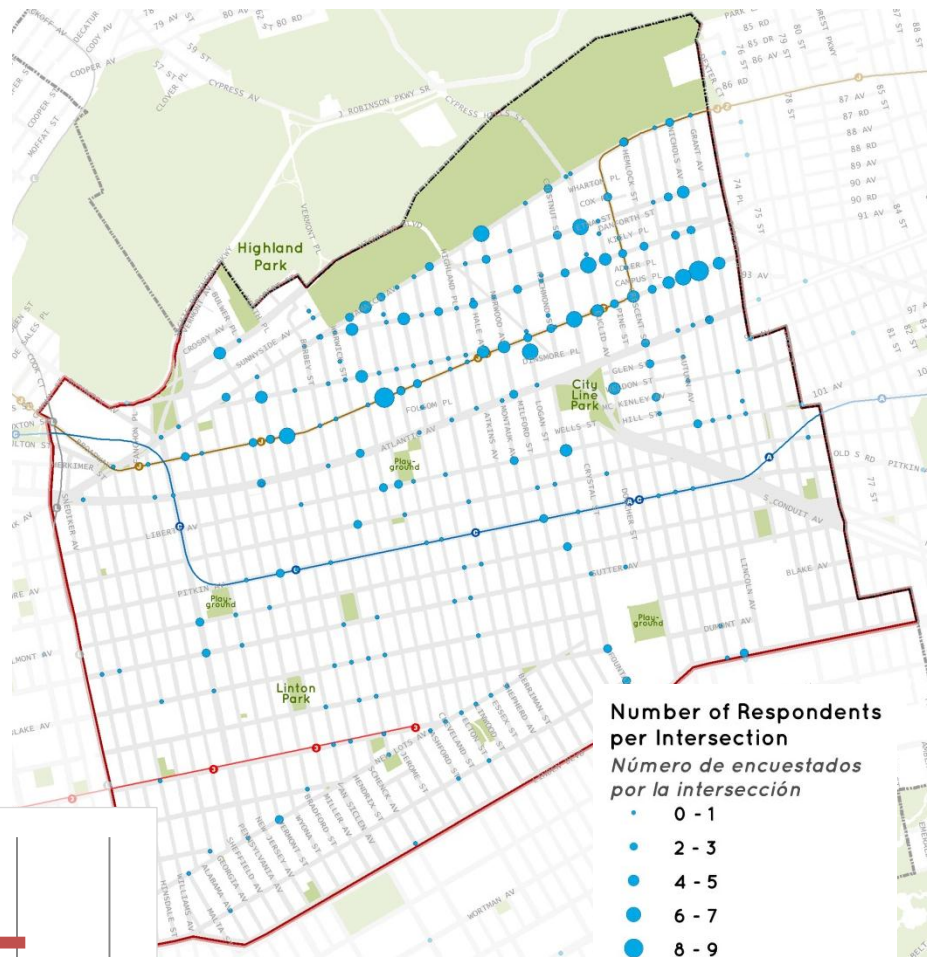
- Time at residence:



- Racial/ethnic background of respondents who answered:



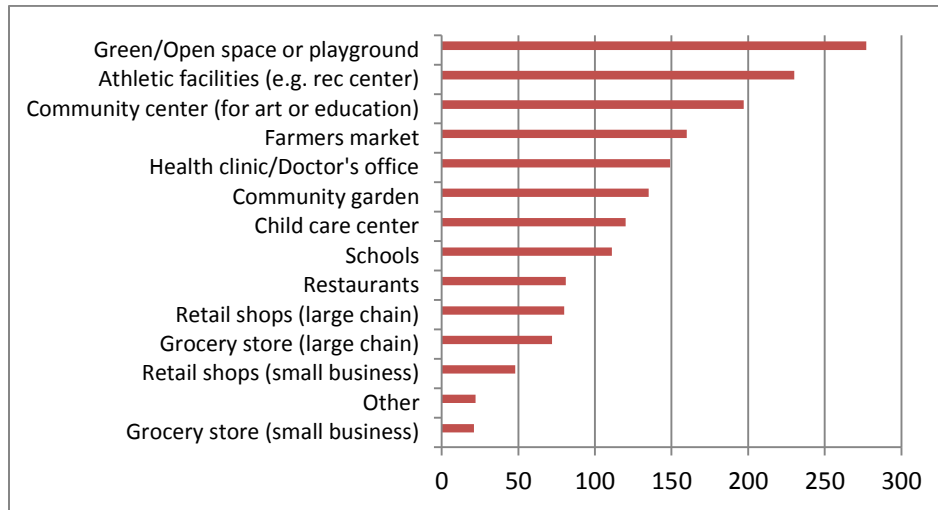
n = 516. 107 people did not respond.



## LEARNING: Planning

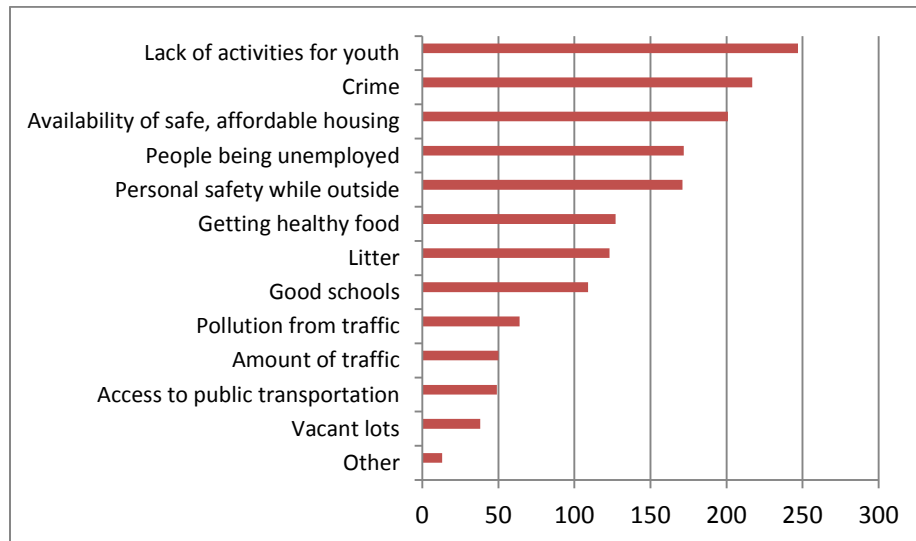
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Respondents were asked to list the top three facilities they'd like to see in their neighborhood:



*n = 534. Respondents were asked to choose up to 3. Some chose more than three (all responses were counted) and some did not respond.*

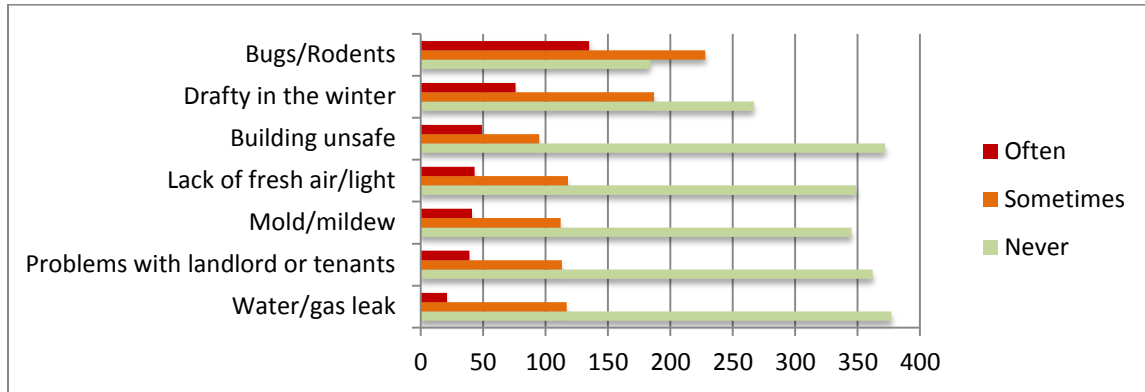
Respondents were asked to list the top three most pressing issues in their neighborhood:



*n = 522. Respondents were asked to choose up to 3. Some chose more than three (all responses were counted) and some did not respond.*

## LIVING: Housing

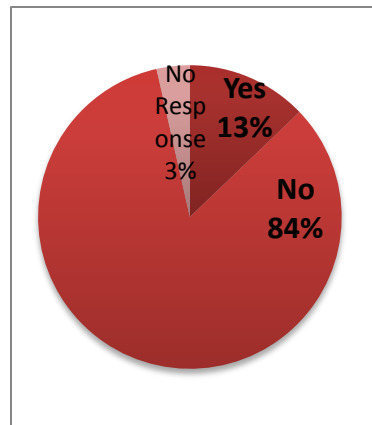
Respondents were asked how frequently they face various building issues. The most problematic issues are bugs and rodents in the residence and drafty windows in the winter:



Respondents were asked to choose Never, Sometimes, Often for each issue. Some people responded for one issue but not for others and some people skipped the question entirely. n= varies from 498-547.

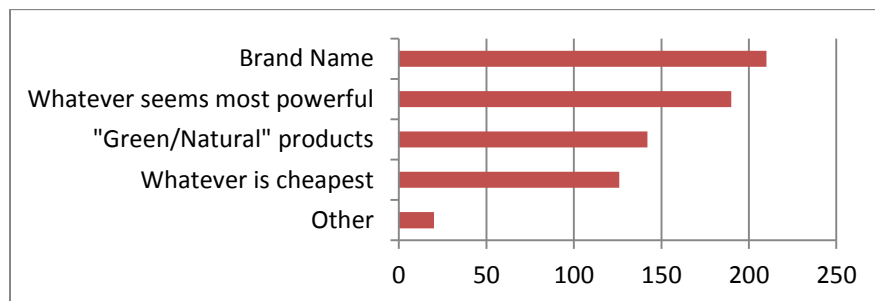
Respondents were asked if they live in a basement apartment:

Although 70% of survey respondents stated they are Hispanic, 88% of residents who said they live in a basement and provided their race are Hispanic.



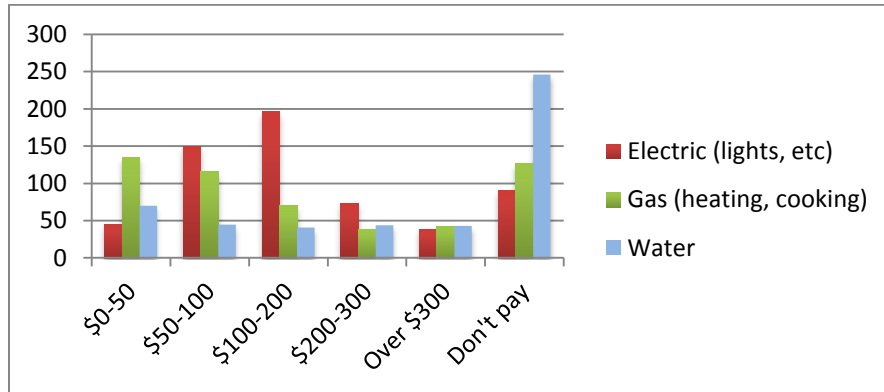
n= 623

We asked people what types of products they use to clean their homes. A majority of respondents choose the "brand name" or "most powerful" cleaning products:



n = 688. Respondents were asked to choose all that apply. Some did not respond.

Many respondents pay over \$100 per month on their electric bill but only 66% have made changes to their home to lower their bills:



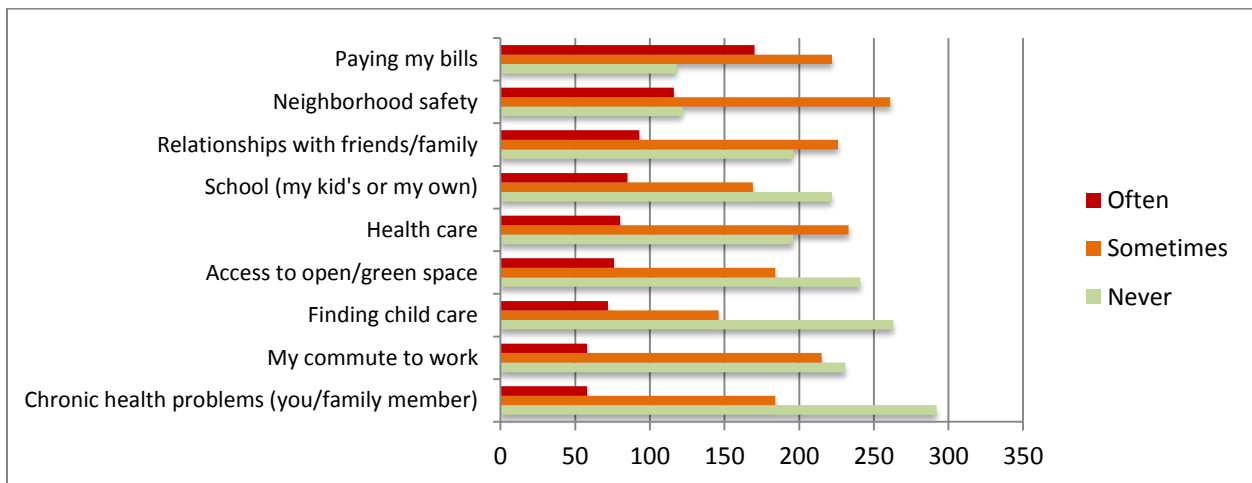
Respondents were asked to choose an amount for each item. Some did not respond.  
 Electric n = 595, Gas n = 530, Water n = 489

Respondents were asked if they've made changes to their home specifically to lower energy bills.  
 Yes n = 386, No n = 200, No Response n = 37

86% of respondents recycle. Respondents were asked if they recycle. Yes n = 525, No n = 82, No Response n = 16

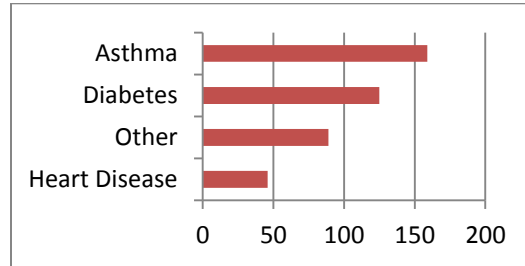
## LIVING: Health and Wellness

Respondents were asked how frequently they face common stressors. Paying bills, neighborhood safety, and relationships with friends/family cause respondents the most stress:



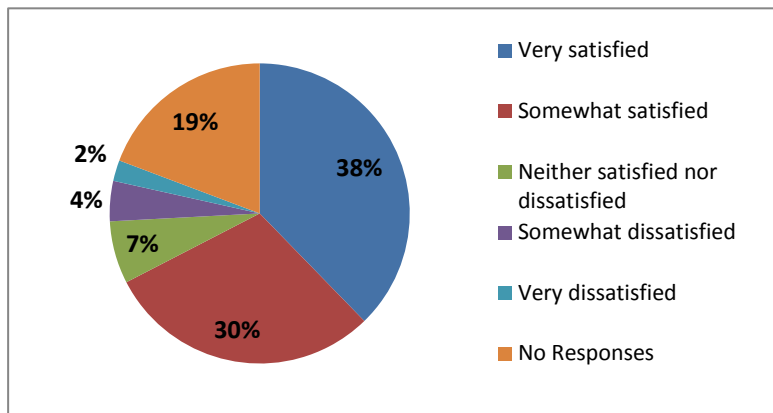
Respondents were asked to choose Never, Sometimes, Often for each issue. Some people responded for one issue but not for others and some people skipped the question entirely. n = varies from 476-534.

We asked people if they or anyone in their household suffers from common health issues. 419 of 623 responded with some kind of answer but we might need to toss the question because we don't know if they didn't respond because they are in good health, or if they didn't want to answer the question. Of those who responded:



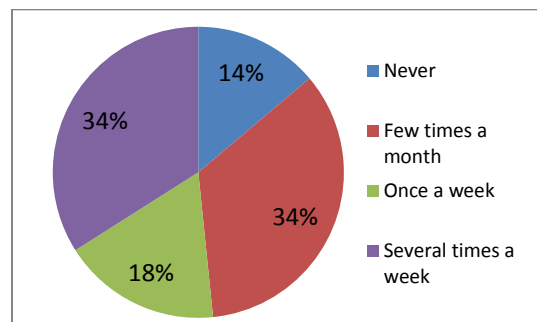
High blood pressure was the most frequent "other" condition. Respondents were asked to check all options that applied. Some did not respond.

84% of residents are "very satisfied" or "somewhat satisfied" with their primary health care facility:

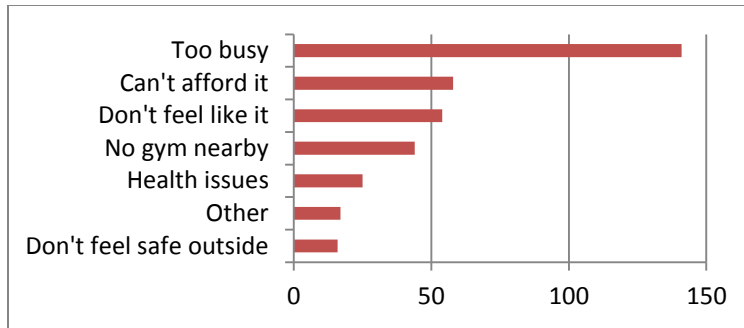


n = 623. Respondents asked to choose one.

People were asked about their workout habits. Almost of half of respondents don't exercise or only exercise a few times a month. The majority of people who don't exercise said it's because they're too busy:

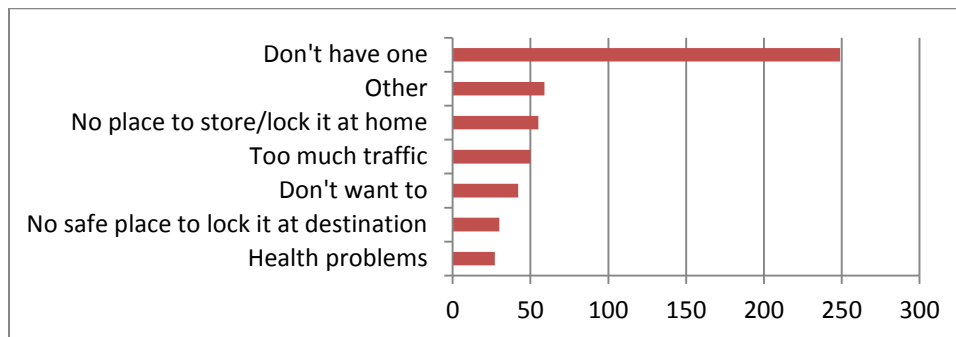


n = 556. Respondents asked to choose one. Some people didn't respond



*n = 355. Respondents asked to check all that apply, if any.*

Only 23% of respondents ride a bike. Half of people who said they don't ride a bike said it's because they don't have one.



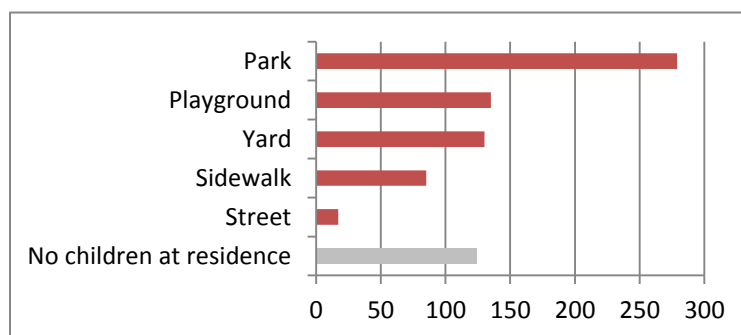
*n = 512. Respondents asked to check all that apply, if any.*

*When asked if they ride a bike: Yes n = 124, No n = 405, No Response n = 94*

## LIVING: Open Space

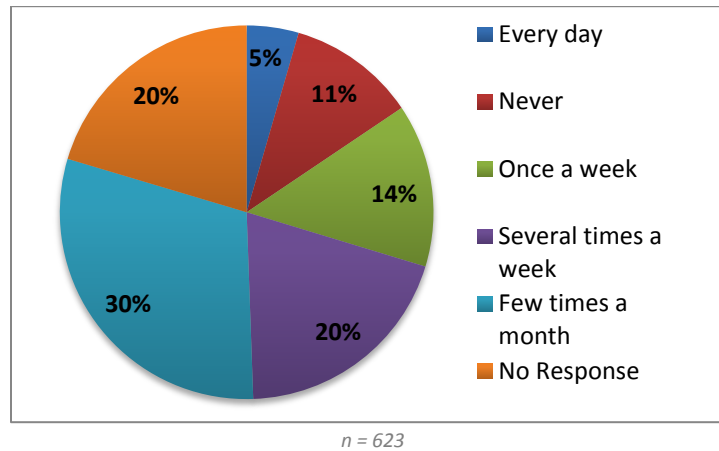
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Respondents were asked where their children play:



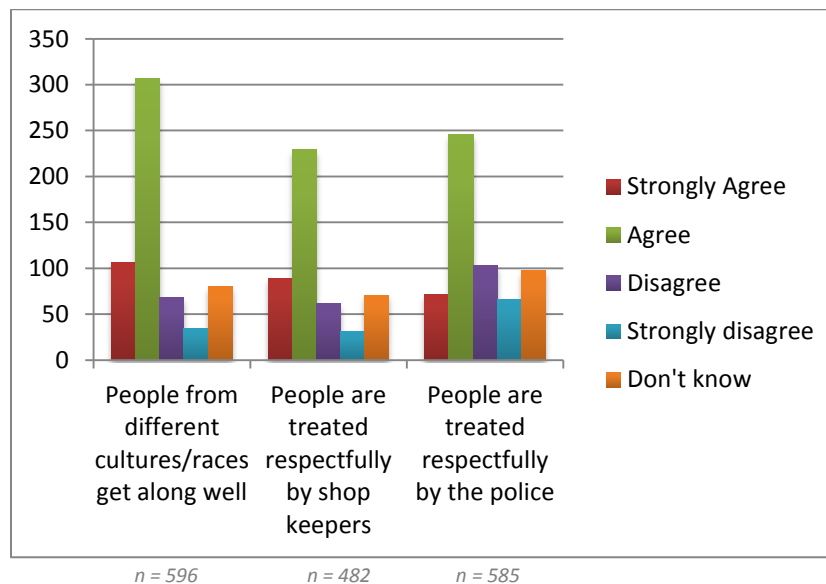
*n = 646. Respondents asked to check all that apply. Some respondents skipped this question.*

Respondents were also asked how frequently they visit the nearest park or playground:



### LIVING: Social Capital and Safety

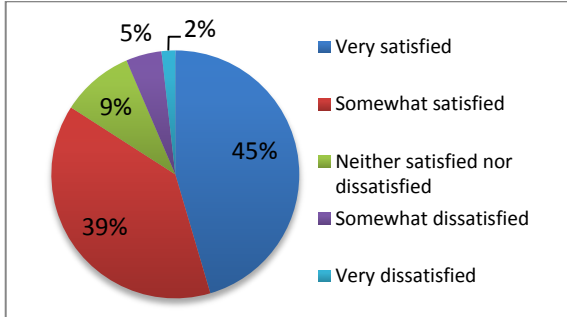
People were asked if they agree or disagree with the following statements:



Respondents were then asked if they volunteer for any neighborhood groups (religious or civic). Of the 25% who said they volunteer, most people do so at church. *Yes n = 147, No n = 439, No Response n = 37*

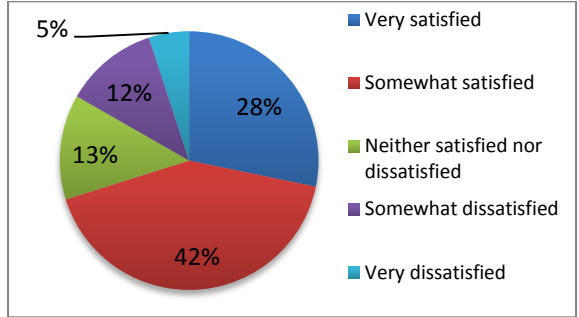
People were then asked how satisfied they are with their lives, and with their neighborhood as a place to live. Most people moved to Cypress Hills/ENY due to family, affordability, work, or their child’s school:

**Life satisfaction**



n = 559

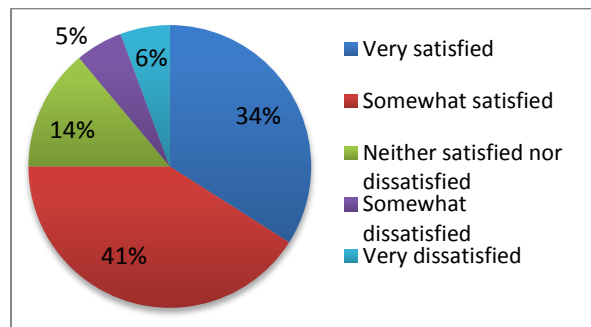
**Neighborhood satisfaction**



n = 556

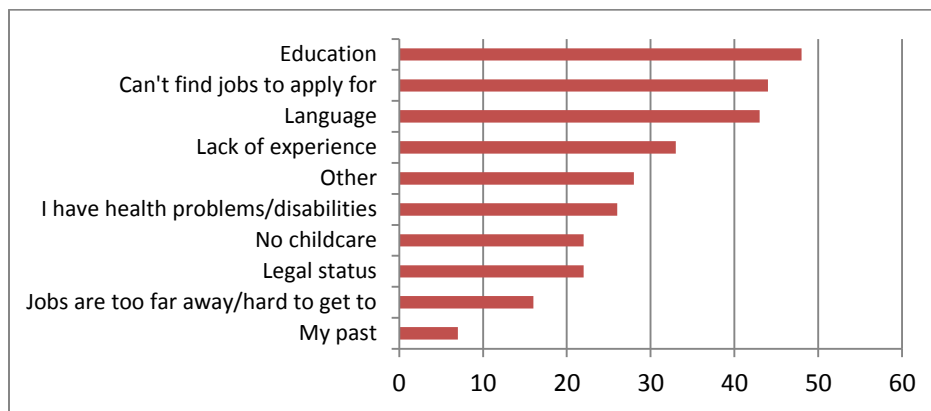
**WORKING: Employment**

Survey takers were asked how satisfied they are with their jobs (if employed). 75% of respondents said they’re either “very satisfied” or “somewhat satisfied”:



n = 388

If the survey taker doesn’t have a job, they were asked what is making it difficult to find a job. People who answered other listed things like: my age, I’m retired, or I’m in school:

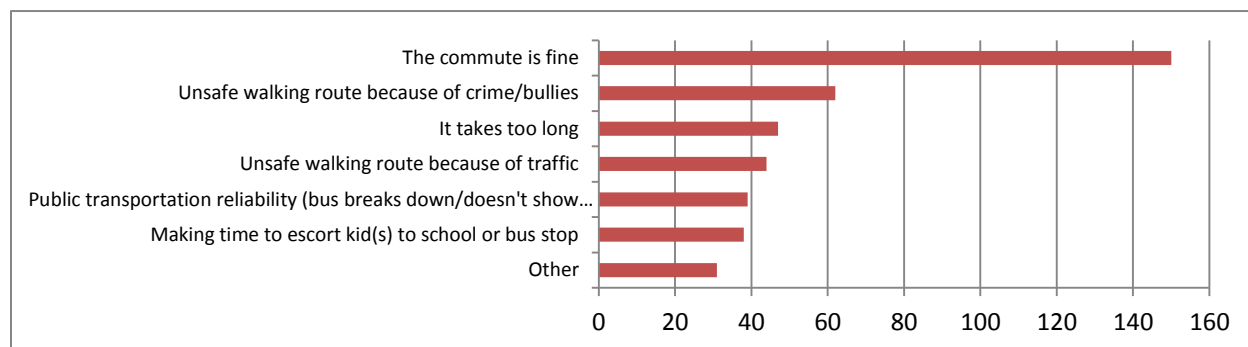


n = 289. Respondents were asked to choose up to 3.



## LEARNING: Education

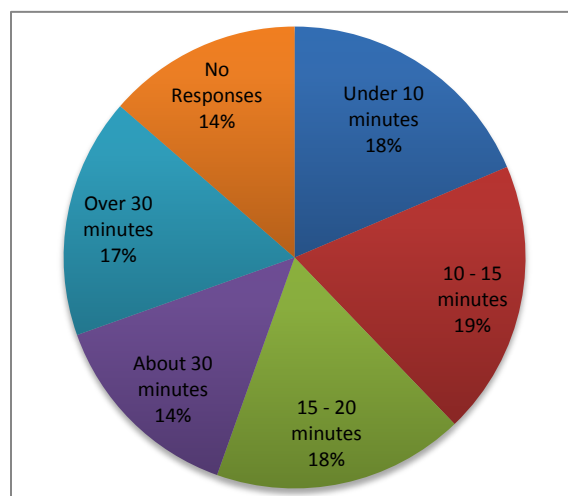
Parents were asked what about their children's commute causes them stress. Almost half of parents who responded said the commute is fine:



*n = 624. Respondents were asked to check all that apply.*

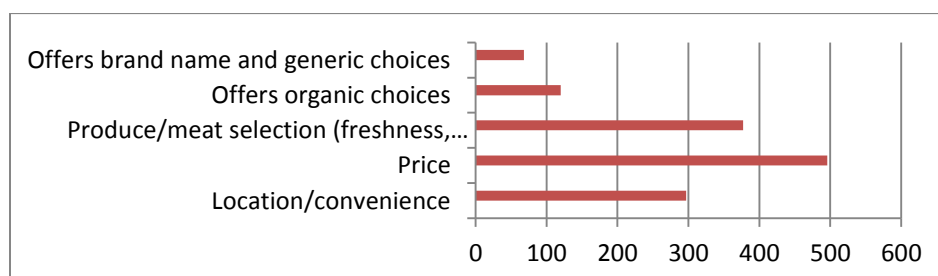
## EATING

People were asked how long they're willing to travel to buy the groceries they want. Surprisingly, many people are willing to travel 30 minutes or more:



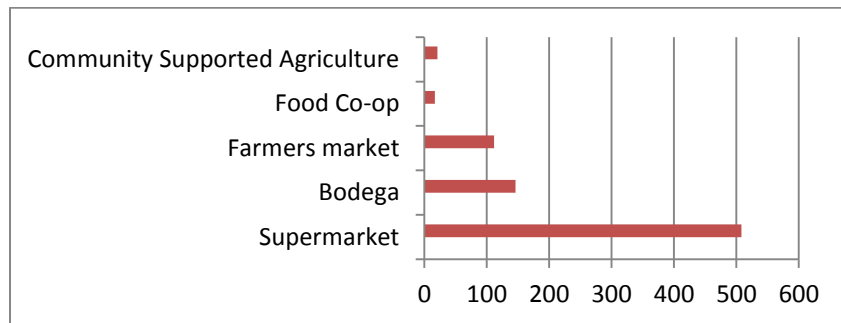
*n = 624. Respondents were asked to choose one. Only 85 did not respond.*

Most people list price as the biggest factor in choosing where to buy groceries:



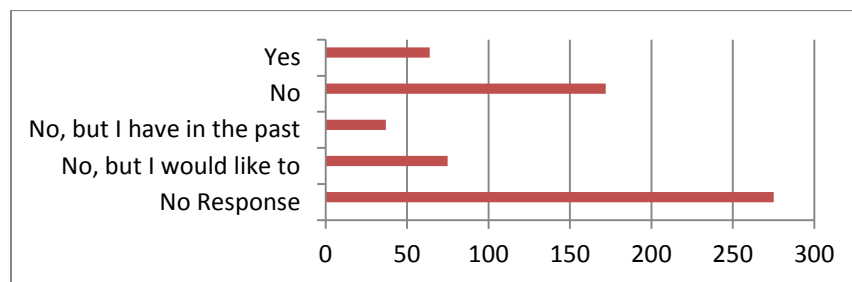
*n = 775. Respondents were asked to choose 2. Some chose more than two (all responses were counted) and some did not respond.*

People overwhelmingly buy their food in supermarkets:



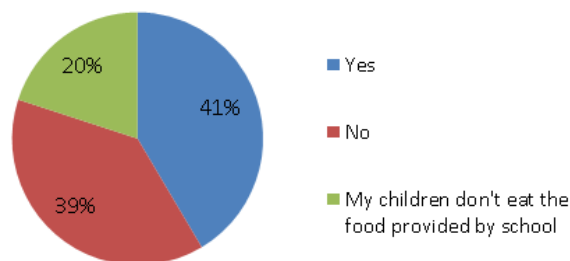
*n = 540. Respondents were asked to check all options that applied. Some did not respond.*

When asked if they grow their own food, 22% of residents would like to but don't have access to growing space:



*n = 623. Respondents were asked to check one.*

Over half of children do not eat the food provided at school or their parents are not happy with the food provided. Parents would overwhelmingly choose to make school food healthier, fresher, and provide more vegetables:



*n = 275. Respondents were asked to check one. An additional 110 people responded that they don't have children and 238 people skipped this question.*